

CQC is the independent regulator of all health and social care in England. We are given powers by the government to register, monitor and inspect all health and care services.

Tablehurst Farm Limited

Tablehurst Farm Cottage

Inspection summary

CQC carried out an inspection of this care service on 13 October 2016. This is a summary of what we found.

Overall rating for this service	Good •
Is the service safe?	Good •
Is the service effective?	Good
Is the service caring?	Good
Is the service responsive?	Good
Is the service well-led?	Good

This unannounced inspection took place on 13 October 2016. This residential care home is registered to provide accommodation and personal care for up to three people. At the time of our inspection there were three people with a learning disability at the home. Tablehurst farm cottage is situated on a working farm and people who live in the cottage are also fully involved in the day to day operations on the farm.

There was a registered manager in post. A registered manager is a person who has registered with the Care Quality Commission to manage the service. Like registered providers, they are 'registered persons'. Registered persons have legal responsibility for meeting the requirements in the Health and Social Care Act 2008 and associated Regulations about how the service is run.

People felt safe in the home. Staff understood the need to protect people from harm and knew what action they should take if they had any concerns. Staffing levels ensured that people received the support they required to keep them safe and recruitment procedures protected people from receiving unsafe care from care staff unsuited to the job. People had risk assessments in place which identified and managed people's known risks. There were appropriate procedures in place to administer medicines.

People received care from staff that were supported to carry out their roles to meet the assessed needs of people living at the home. Staff received training in areas that enabled them to



understand and meet the care needs of each person.

People were actively involved in decisions about their care and support needs. There were formal systems in place to assess people's capacity for decision making under the Mental Capacity Act 2005 and Deprivation of Liberty Safeguards (DoLS). People had their healthcare needs managed in a way that was appropriate for each person and people's nutritional needs were supported and managed with each person.

People received support from staff that treated them well and prioritised their needs. People were relaxed and comfortable around staff and staff understood the need to respect people's confidentiality. People were supported to maintain good relationships with people that were important to them.

Care plans were written in a person centred manner and focussed on empowering people. People were encouraged to make their own personal choices and to be in control of their own lives. Care plans detailed how people wished to be supported and people were fully involved in making decisions about their care. People participated in a range of activities and received the support they needed to help them do this. People were able to choose where they spent their time and what they did.

People at the home spoke positively about the management team and the culture within the home focussed upon supporting people to be independent. Systems were in place for the home to receive and act on feedback.

You can ask your care service for the full report, or find it on our website at www.cqc.org.uk or by telephoning 03000 616161